

*“ you don ’t just offer hope to stroke sufferers, you enable us to do something about it...” Bob*



*For more information on NeET please call  
Tel +44 (0) 1224 619224*

## Mr John Henderson (81), Aberdeen

Retired salesman John Henderson suffered a stroke three years ago which affected his left leg and arm, resulting in him using a wheelchair, and left him almost totally blind in his left eye.

After leaving hospital, the father of two and grandfather of four spent around five months in a rehabilitation unit where hard work and determination helped him regain the use of his limbs.

In 2008 Mr Henderson’s daughter heard about Professor Arash Sahraie winning an innovation award for his Neuro-Eye Therapy research.

After discussion with the family, Mr Henderson contacted the research team to see if he would be a suitable candidate for treatment. In December that year Mr Henderson began the therapy which he opted to follow for a year.

He said: “Bar maybe three days, every day that year I would spend around 40 to 45 minutes on the laptop.

“It was at the end of the nine month period I could say there was a definite improvement in my sight. I still can’t see lower down in my left hand peripheral vision so I have to take care with kerb or obstacles like low tables. But the improvement to my sight has made a difference to my life and the quality of my life.

“Prior to the therapy there is no way I could have gone back to my bowling as I wouldn’t have had the confidence, but now I am back bowling with other partially sighted and blind bowlers.

“I have also gone from being unable to walk outside on my own to walking up to half a mile to visit a friend. I am also able to cross the road provided I take care. I would not have dared to do that before.”

For further information regarding the therapy, please visit [www.sightscience.com](http://www.sightscience.com) or call 01224 619 224.



*Photo: JH with Neuro-Eye Therapy (NeET) equipment used to carry out the Visual Rehabilitation Program<sup>CE</sup>*